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THE NEW YORK SMILE SPECIALISTS

So you just got VENEERS...

CONGRATS ON GOING FOR THAT BEAUTIFUL SMILE!
HERE ARE SOME TIPS ON TAKING CARE OF YOUR RESTORATIONS:

If you're still in temporaries—these are a little tricky. Veneers stay in by bonding to your underlying tooth surface. Temporaries can't bond to the tooth surface. If they did, we wouldn't be able to get them off. What this means for you? Be gentle with them. Don't bite into anything hard with your front teeth like an apple or a crusty piece of bread. If they do come off—don't panic! Call us. We'll be able to repair it for you.

If you've just gotten your new restorations—hooray! However, the hard work doesn't end here. You need to keep these clean just like your natural teeth. That means regular brushing, flossing and check-ups. Veneers don't last forever. If not properly cared for, the edges can start to break down and this can lead to cavities and fractures of the restorations! Bottom line? Come see us at least twice a year.

Please note, this is not a comprehensive list of complications or recommendations—just the more common things we see. If you should need anything else, don't hesitate to contact us. We're here to help!