



# SLEEP APNEA

## 5 Steps to Healthier Sleep

**Gallery57Dental**

- 1** COMPLIMENTARY CONSULT with our Dental Professionals
- 2** PARTICIPATE IN A TELEMEDICINE CONSULT with Board Certified Sleep Specialists from any mobile device or computer
- 3** TAKE A SIMPLE, OVERNIGHT HOME SLEEP TEST
- 4** REVIEW TEST RESULTS AND RECEIVE RECOMMENDATIONS
- 5** GET FITTED FOR AN ORAL APPLIANCE custom made for each patient.



Oral appliances are an excellent option for many patients with mild to moderate sleep apnea. Of the patients that are prescribed a CPAP for severe cases, statistics show about 50% are non-compliant.\* For these patients, an oral appliance is a good alternative. \*Cleveland Clinic, 2016



"Sleep apnea is a serious condition that can reduce quality of life and raise the risk of diabetes or heart disease. Studies show that 75% of snorers have moderate sleep apnea where an oral appliance is a viable option. The good news is that sleep apnea can be treated safely and effectively. At Gallery57Dental, our team of dental sleep experts are committed to providing individualized treatment so patients can get the healthful sleep they need."  
– Dr. Robert Rawdin

### About Dr. Rawdin

Dr. Rawdin, a member of the International Academy of Sleep, has been involved with Dental Sleep Medicine for the past 5 years. He has been the driving force at Gallery57Dental, raising awareness of the epidemic of sleep apnea and successfully treating many patients with oral devices.

- Board Certified Prosthodontist, since 1991
- Diplomate of the American Board of Prosthodontics
- Fellow of the American College of Prosthodontists
- Fellow and Secretary of the Greater New York Academy of Prosthodontics
- Fellow and Past-President of Northeastern Gnathological Society



"Dr. Rawdin was able to identify the causes of my discomfort when I was sleeping. Within just a few days, I began to feel more rested." – Rosie W.



"I was feeling groggy every day for work. It was time to make a change. My sleep appliance was life changing and it definitely helped me be more productive at work!" – Jody R.



Our practice, Gallery57Dental, has been providing the best dental care in a comfortable environment for over ten years. Our integrated technology and an on-site lab enables patients to enjoy fast, precise dental services. Allow us to be your trusted partners for the treatment of sleep apnea patients. We understand that people who Sleep BETTER, Feel BETTER, Perform BETTER... can live longer, healthier lives.

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### ORAL APPLIANCE THERAPY

- Discrete and Easy to Use
- Custom-made for Comfort

Our doctors use the latest products, partnering with global leaders in the oral appliance industry.

