

# Gallery57Dental

THE NEW YORK SMILE SPECIALISTS

## So you just got a CROWN/BRIDGE

HERE ARE A FEW TIPS ON TAKING CARE OF YOUR RESTORATIONS:

- If you're still in a temporary—these are made of plastic, so try to avoid biting on anything too hard. Don't chew gum! It will stick to the temporary and maybe even dislodge it. If it does come loose, don't panic! Call us and let us know. We'll be able to replace it for you. (If you're desperate, drug stores typically sell temporary dental cement. Be sure to follow the instructions!)
- If you've just gotten your new restoration—hooray! However, the hard work doesn't end here. You need to keep these clean just like your natural teeth. That means regular brushing, flossing and check-ups. Crowns and bridges don't last forever. If not properly cared for, the edges can start to break down and this can lead to cavities! Bottom line? Come see us at least twice a year.
- If you have sensitivity to cold—this is a normal response to a tooth being prepared, as long as the pain only lasts a second or two and goes away after a few days. If the pain lingers or you develop sensitivity to hot, please let us know right away. This could be an indication that additional work is needed on the tooth. If you have pain on biting, let us know! This can be easily adjusted in the office.

Please note, this is not a comprehensive list of complications or recommendations—just the more common things we see. If you should need anything else, don't hesitate to contact us.

We're here to help!