

Gallery57Dental

THE NEW YORK SMILE SPECIALISTS

So you just got an Implant...

THE HARD PART IS OVER—WOOHOO!

HERE'S SOME INFORMATION ON WHAT TO EXPECT WHILE HEALING:

- In the day or so following the surgery, you may notice some blood in your saliva. A little bit is normal, but if it seems excessive, let us know. If possible, start taking pain medication before the anesthetic wears off. Usually, over the counter pain medication is enough. Using ice or cold packs is helpful for the first day or so to help keep swelling and bruising to a minimum. Try to sleep with your head slightly elevated.
- If the implants have been covered by your gums and left to heal, after about 4-6 months we'll need to do another minor procedure to open up the gums. If you have a temporary or healing abutment attached to the implant, try to avoid chewing in the area and avoid hard foods. Don't brush the area for the first 7-10 days after the surgery, but be sure to keep the rest of your mouth and teeth nice and clean! When you do start brushing again, no need to brush hard—just effectively.

Please note, this is not a comprehensive list of complications or recommendations—just the more common things we see. If you should need anything else, don't hesitate to contact us.

We're here to help!